

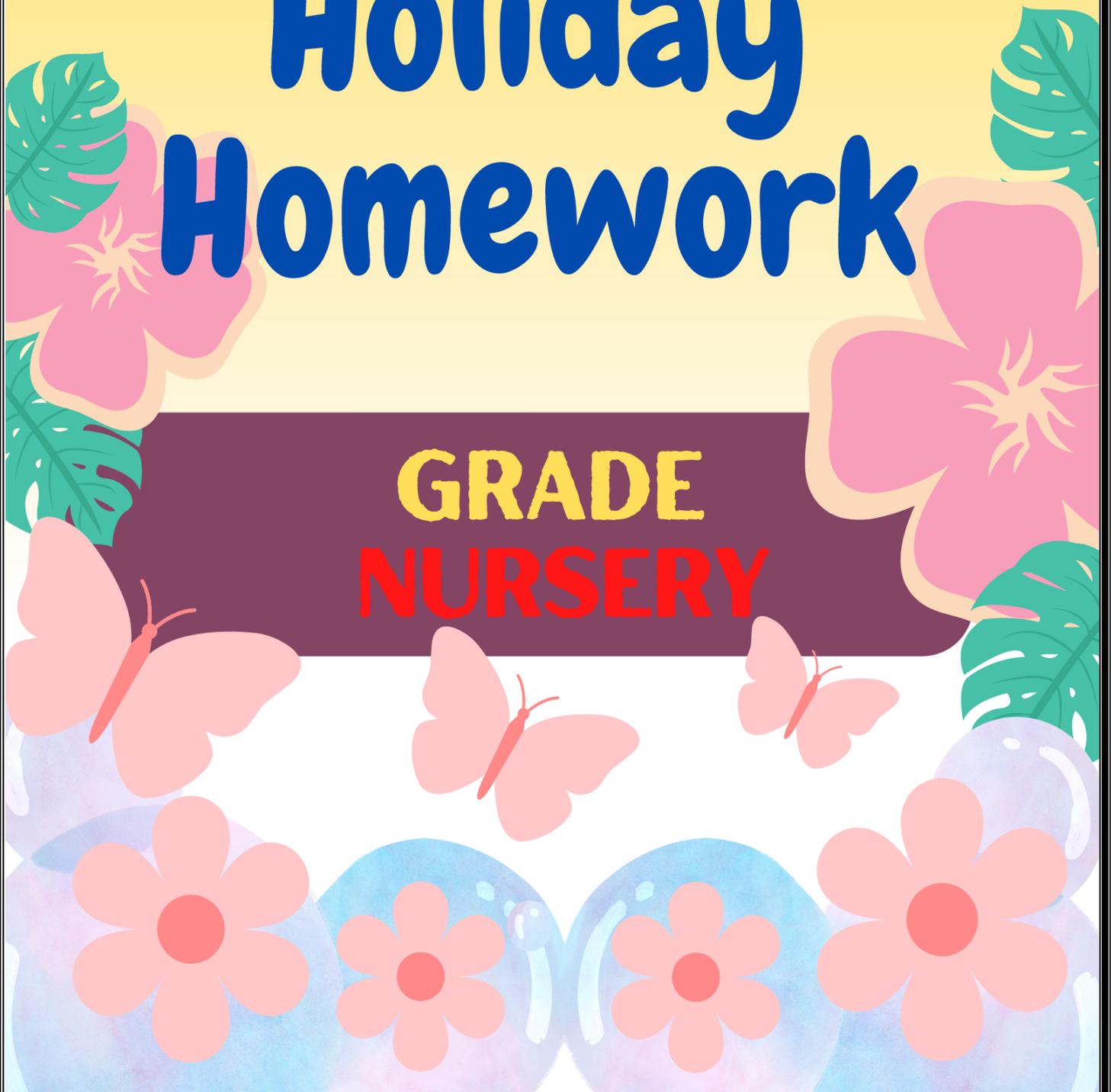


IMPERIAL HERITAGE SCHOOL

SECTOR-102, GURUGRAM

Holiday Homework

**GRADE
NURSERY**



HOLIDAYS.... HOLIDAYS..... HOLIDAYS

*My holidays start from 20th May 2023...
Wow! I am waiting for this beautiful day!
It's time to smile and have some fun...
And play and play under the sun!
Dancing, drawing, running and singing...
Holidays always keep me smiling!*

Dear Parents,

Summer holidays always remain the most awaited time of the year where you get an opportunity to spend quality time with your child. Children are born with natural curiosity and inquisitiveness about the world around them. It is important for us to help them keep this spark alive and to make learning fun.

Here are some activities given to help your child become independent and confident:-

Independent Me

- Buttoning and Unbuttoning.
- Keeping belongings back in their place.
- Filling the water bottles.
- Keeping the room clean and well-organized.
- Opening and closing the tiffin box.

Alone we can do so little; together we can do so much. (Social Skills)

- Wish your elders with a smile.
- Go outdoors and play with your friends.
- Share things with your friends.
- Use magical words: Sorry, Please, Excuse Me, Thank You.

One, who maintains cleanliness, keeps away diseases. (Personal Hygiene)

- Brushing teeth twice a day.
- Combing hair regularly.
- Taking a bath daily.
- Washing hands before and after meals.
- Trimming nails regularly.

Reading is Fun

Children are made readers in the laps of their parents.

- Make reading a regular practice with pictures and large text.
- Read out value based stories from Panchatantra, Pepper and Bruno to your child daily.
- Make bed-time stories a part of your child's daily routine.

Be a Friend

- Identify a family game like cricket, football, volleyball, etc. and play with your child every weekend.
- Take your child for nature walks and explore different leaves, insects, pebbles, trees while walking.

I am Special

Make your child learn self-introduction:

- My name is _____.
- I am ____ years old.
- I study in _____.
- I study in Imperial Heritage School.
- The name of my class teacher is _____.
- The name of our Principal is Neelu Sharma ma'am.

Developing Motor Skills

Working on Gross Motor Skills helps a child gain strength and confidence in his/her body.

Do activities like catching a ball, balancing, moving like an animal, cycling, jumping on a trampoline, hopping on one foot etc.

Fine Motor Skills involve the use of the small muscles that control the hand, fingers and thumb.

Activities like buttoning and zipping clothes, colouring, clay moulding, building with legos and blocks, beading etc. helps to build a child's self-esteem and confidence also.

Golden Sun
By Lenore Hetrick

Great, glorious, golden sun,
Shine down on me today!
You are the life of all this earth,
You and your magic ray.
You are the life of bird and planet,
All must depend on you.
Shine down, great sun, the whole day long!
Shine from the heaven's blue.
And I will welcome your golden rays,
For you mean life to me,
And you mean happiness and health,
Strength and energy.
Shine down, great sun, on flower and field,
And never say goodbye.
Forever and ever give us your light
From out the wide, blue sky.

Enjoy the sunshine with your child and create memories.

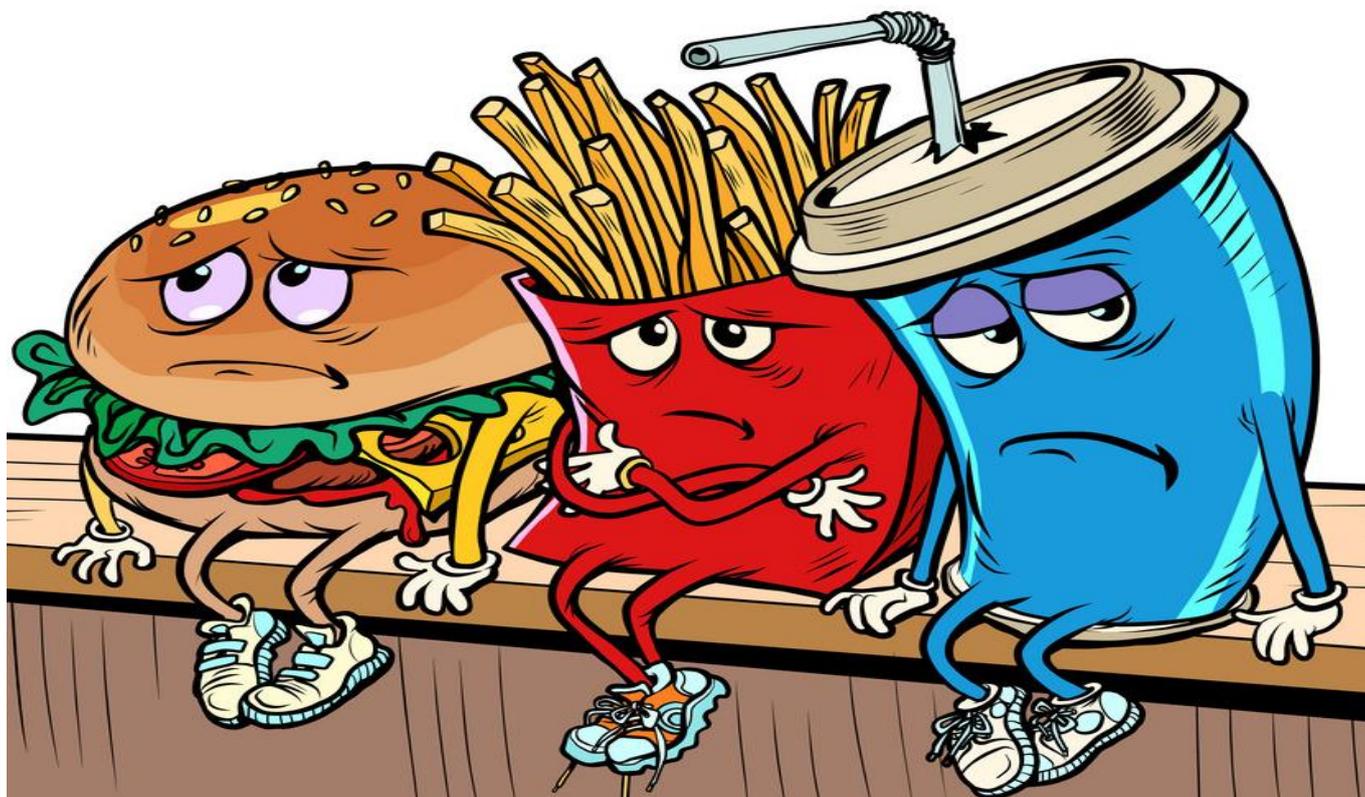
Stay hydrated and stay safe!

Best Regards

Ms. Neelu Sharma
Principal



Healthy food refers to food that contains the right amount of nutrients to keep our body fit. Let our young learners understand it with the help of this beautiful story: <https://storyweaver.org.in/stories/313823-healthy-food-is-important>



ACTIVITY-1

HEALTHY AND UNHEALTHY FOOD

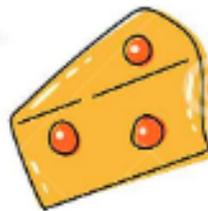
Eating is something that is rarely done mindfully by young people. Mindful eating is a valuable task for children to slow down their mind and become more focused on the present. Children should know about the right food for them to eat.

Activity- Draw healthy and unhealthy food items.

Instructions-

- Take an A4 sheet.
- Draw four of your favourite healthy food items and four unhealthy food items.
- Colour them neatly and cut them out.
- Students will bring their drawings to school when the school reopens. Students will participate in a group activity and separate all the healthy and unhealthy food items and paste them in the correct columns on the chart paper.

Unhealthy Food



Healthy Food



ACTIVITY-2

THE VERY HUNGRY CATERPILLAR

The Very Hungry Caterpillar is a story about a small caterpillar who emerges from an egg and begins eating everything in sight. After six days of eating fruits, sweets, and junk food, he gets a stomachache. On the seventh day, the caterpillar eats a nice leaf and feels much better.

Let's listen the story:-

link for story:- https://youtu.be/4_p4b3tALh0

Hope you liked the story. Now let's make a weekly chart of the caterpillar and see what he ate on each day of the week.

Material required:-

- White paper plates
- Green and red water colour
- Cut-outs or prints of the fruit/food which shown in the picture
- Print outs of each day of the week



Instructions:-

Colour the paper plates as shown in picture.

Paste the fruit/food on plates.

ACTIVITY-3

LENTIL PASTING ACTIVITY

Go to the kitchen and observe different lentils in the kitchen. Did you notice that they are of different colours?

Time for an activity now:-

Let's be a little creative and make a beautiful mosaic. Other objects can also be used to give an amazing finish. The finished mosaic will be tactile and interesting.

Material Required:-

- Scrap File
- Glue
- Different Lentils
- Any other Objects

Instructions:-

- Make a drawing of a beautiful flower with the help of your parents.
- Use your thumb and index finger for the segregation and pasting of different lentils.



ACTIVITY-4 STORY TIME ACTIVITY

Reading stories to your child is always fun. Read the below mentioned stories to your child from their Hop... Skip and Jump storybook. Prepare them to narrate a specific story in their own words by using flash cards for the upcoming Intra Class Competition in July.

Note: The flash cards will be made of a specific story that is assigned to you as per the first letter of your child's name.

Stories

1. The Cap Seller and the Monkeys
2. The Hare and the Tortoise.
3. The Fox and the Grapes
4. The Lion who wouldn't Try
5. Appu and Grandma Tree.
6. Smile Please.
7. The Ant and the Grasshopper
8. The Great Tidy Up..
9. Fanny's Home
10. Timmy and Pepe.

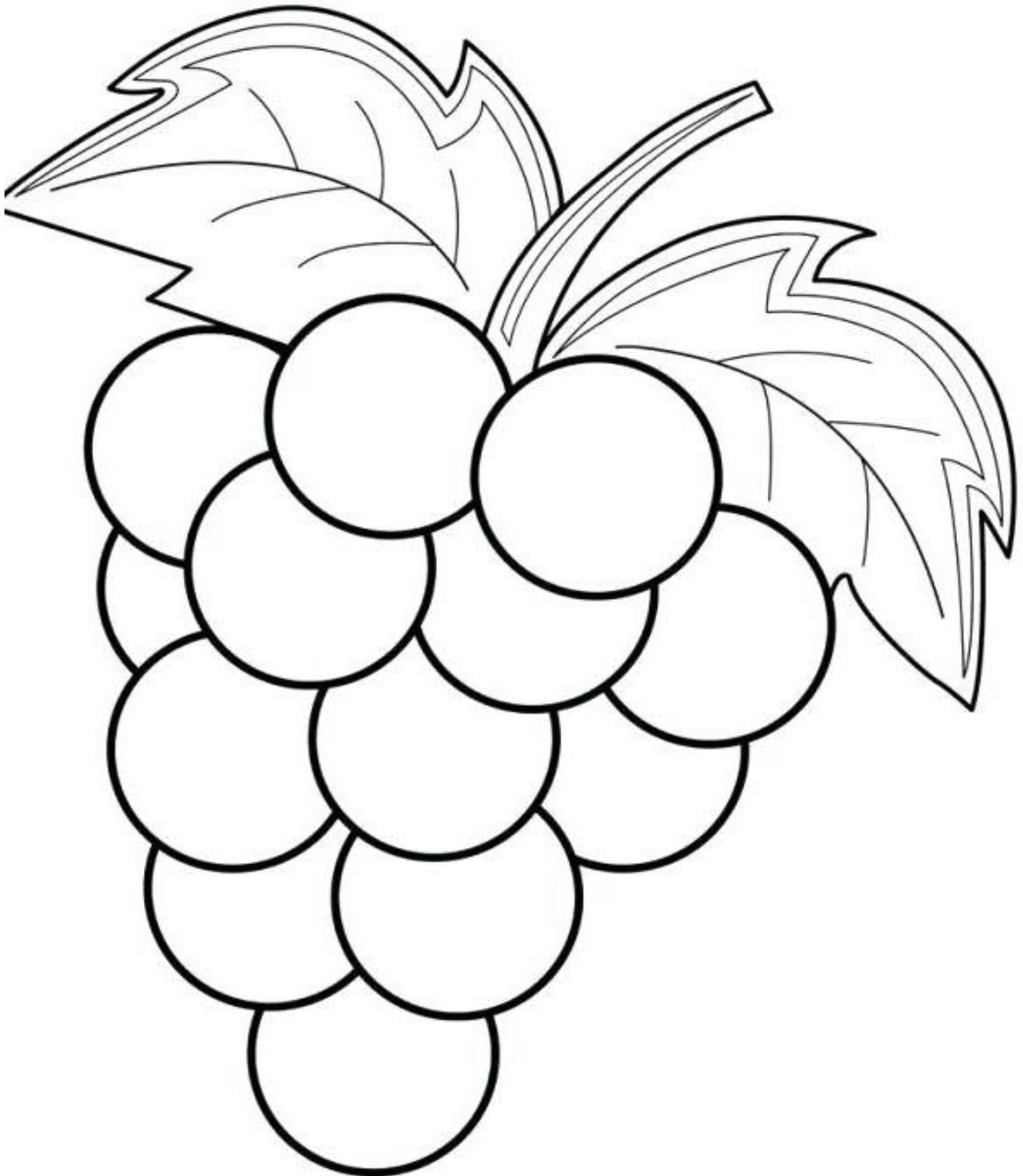
Names Starting with

- A and B
- C and D
- F and G
- H and I
- J and K
- L and M
- N and O
- P and R
- S and T
- V and Y



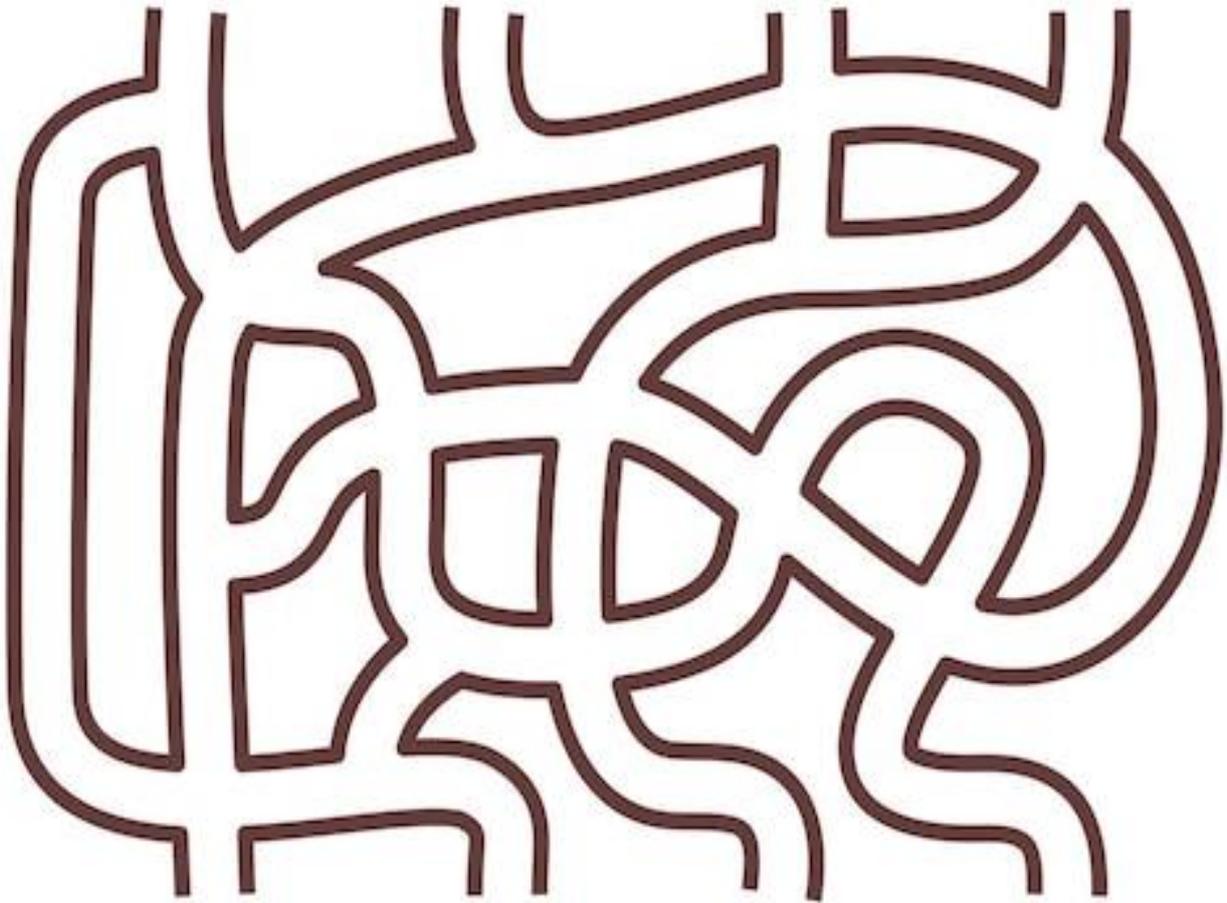
ACTIVITY-5
VEGETABLE PRINTING ACTIVITY

Let's colour the bunch of grapes by using okra (ladyfinger) using the thumb and index finger.



ACTIVITY-6
MAZE GAME

One evening when you are tired of playing, instead of watching TV, play this maze game. Get the different animals to reach to go through the maze and reach the vegetables.



ACTIVITY-7

LET'S GROW VEGETABLES- FARMING ACTIVITY

We get food from the shops...but what fun it would be to grow these on your own. Create your own small piece of field and grow different vegetables in it.

Materials required:-

- A shoebox or any other empty cardboard box
- A4 sheets of different colours (red, yellow, green)
- Brown poster colours
- Brush
- Paper cutter (to be used by the parent)
- Glue

Instructions:-

- Take an old shoebox or any other empty cardboard box.
- Paint it brown.
- Make cuts in it as shown in the picture.
- Take the coloured sheets and draw your favourite vegetables (eg- carrot, turnip, tomatoes, okra, etc). Don't forget to add leaves to your plants.
- Cut out the vegetables and insert them in the cuts.
- Your small piece of farm with your favourite vegetables is ready.

