



IMPERIAL HERITAGE SCHOOL, SEC-102, GURUGRAM
MONTHLY PLANNER FOR JULY
Grade VII (2025-2026)

“The beautiful thing about learning is that nobody can take it away from you.”

– B.B. King

Dear Parents,
Greetings!

We hope our students had a wonderful time reconnecting with family and friends, and are feeling rejuvenated for the upcoming journey after summer break. As we embark on this new chapter, we are eager to witness the enthusiasm and dedication our students will bring to their academic pursuits. Together, let's collaborate to provide them with the support and encouragement they need to achieve their highest potential. We deeply value the strong partnership between home and school, recognizing it as a cornerstone of our students' success. United, we can truly make a meaningful impact on their educational journey.

April and May heralded the start of a new academic session, brimming with a harmonious mix of rigorous academics, engaging experiences, assessments, and spirited competitions. Students delved into a myriad of educational activities, cultivating an environment ripe for meaningful learning. To lay a strong foundation for the term, concept bridging sessions were meticulously planned. These sessions provided students with the opportunity to revisit and solidify key concepts from the previous grade, guided by their subject teachers. The first day of school was dedicated to setting clear expectations, building connections, and fostering a positive learning atmosphere. Students participated in an introductory activity where they described themselves using a defining adjective and crafted artwork inspired by the first letter of their names. This creative exercise not only encouraged self-expression but also promoted a sense of community. Each student received a personalised welcome card from their class teacher, symbolising a heartfelt embrace into their new class community. Additionally, a **special assembly was conducted by the teachers**, radiating enthusiasm and joy that resonated with both students and educators.

On April 14th, the students of IHS paid heartfelt tribute to the martyrs of the **Jallianwala Bagh Massacre**, which occurred on April 13th, 1919, in Amritsar. Commemorating 106 years since this tragic event—widely regarded as a turning point in Indian history—students participated in a range of meaningful activities. Grade VII students actively took part in a quiz focused on the Jallianwala Bagh Massacre, remembered as one of the darkest chapters in Indian history.

On April 17th, students participated in the celebration of **World Heritage Day**, also known as the **International Day for Monuments and Sites**. This day is dedicated to promoting the importance of cultural heritage and raising awareness about the need to preserve historical sites and monuments across the globe. In observance of this day, students engaged in a creative activity by creating clay models of heritage coins from ancient, medieval, and modern periods. This hands-on project allowed students to explore the rich history of currency and its role in different cultures, fostering a deeper understanding of the significance of preserving such artifacts.

At IHS, we are committed to nurturing a sense of collective and individual responsibility in our students, encouraging them to actively participate in preserving our shared environment. It is essential to cultivate an awareness that transcends academic learning, instilling in young minds a deep understanding of environmental conservation. Our objective is to empower students to envision a sustainable future and engage in eco-friendly

initiatives, shaping them into informed global citizens capable of effecting positive change in their communities.

To advance this mission, we organized an '**Environment Week**'. Throughout the week, students enthusiastically participated in various activities, including a Plantation Drive, the 'Intra-Class Quiz Competition,' a 'Best Out of Waste' group activity utilizing plastic and rubber materials, and Inter-House Competitions. A Special Assembly on Environment Week, led by Grade X students, underscored the significance of environmental conservation.

Yatharth Patel, Kyna Pathania, and Ananya of VII A, and Ayaan Pathak, Shvansh Pathak, and Kabir Chaudhary of VII B secured the first, second, and third places respectively in the **Intraclass Quiz Competition**. Grade VII students actively participated in the 'Mile-Sur-Mera-Tumhara' **Group Song Competition**, which focused on the theme of various types of pollution. "Vidhi Bansal and Bhumi Chugh of Leaders House secured the first position; Kyna Pathania, Ravya, and Shivansh of Champions House secured the second; and Sarika Rathore of Challengers House secured the third.

To celebrate '**World English Day**', students participated enthusiastically in a poetry recitation event titled *Hear Me Recite*. The event provided a platform for students to express their love for the English language through powerful and expressive performances. Their captivating recitations showcased creativity, confidence, and a deep appreciation for the beauty of poetry.

The **Proficiency Awards Ceremony** was organized to honour the budding talents whose unwavering dedication, sincerity, and perseverance propelled them toward excellence. The event celebrated students who consistently demonstrated a strong commitment to academic achievement and personal growth. Ananya, Yatharth Patel, and Akshat Dubey of Grade VII A, along with Ayaan Pathak of Grade, Arshdeep Sigh and Shivansh Yadav VII B, were proudly felicitated for their outstanding accomplishments.

World Dance Day was celebrated with great enthusiasm as students showcased their talent through vibrant and graceful performances. The celebration highlighted the cultural richness and expressive power of dance, leaving the audience captivated and inspired.

UT- 1 examinations were held in the month of June, and students were assessed on the academic front. Before heading off for their summer break, students enjoyed a class party as a delightful means of reinforcing positive behaviour, celebrating their accomplishments, and cherishing the moments shared together.

The **Investiture Ceremony** at the school marks a significant milestone, symbolizing the trust and confidence the institution places in its newly appointed student leaders. This event underscores the importance of democratic values, as council members are elected through a transparent voting process, allowing students to have a voice in selecting their representatives. Such practices promote student participation and reinforce the principles of democracy within the school community. Prospective council members went through an interview process conducted by a committee of teachers. This evaluation assesses their capabilities, ensuring that only the most dedicated and competent individuals assume leadership positions. During the ceremony, the newly elected council members take a solemn oath, pledging to fulfil their duties with integrity and dedication. They commit to embodying the **school's motto: "Inspire, Innovate, Succeed,"** striving to lead by example and make a positive impact on the school community. Through this ceremony, the school reaffirms its dedication to fostering leadership qualities in students, preparing them to be responsible and effective leaders both within and beyond the school environment.

To address the growing health concerns among students, the CBSE has introduced the innovative concept of '**Sugar Boards**' in schools. These visually engaging displays aim to educate children about the dangers of excessive sugar consumption by showcasing the sugar content in commonly consumed snacks alongside healthier alternatives. As part of this initiative, students were taught how to read and interpret the nutritional content labels on packaged food items, with a focus on identifying sugar content. A hands-on "Sugar Board"

activity was conducted to deepen their understanding of sugar intake and its impact on health. Through this interactive exercise, students explored the concept of the Recommended Daily Allowance (RDA) for sugar and critically analysed the sugar levels in various packaged foods. By comparing actual sugar content with recommended dietary standards, students gained valuable insights into the health risks associated with excessive sugar intake. The activity also raised awareness about the long-term complications of Type II Diabetes, including diabetic foot, cardiovascular disease, neuropathy, nephropathy, retinopathy, and issues related to skin and oral health.

“I learn better if I teach” — embracing this powerful idea, Grade VII students revisited the principles of nutrition through the **flip teaching** method. Using a human torso model and educational charts, students took on the role of educators, confidently explaining the processes of nutrition—ingestion, digestion, absorption, assimilation, and egestion—as seen in unicellular organisms like Amoeba and Paramecium. They also reviewed the structure and function of the human digestive system, identifying the locations of key organs and understanding their roles in digestion. To complement their theoretical learning, students conducted an iodine test to demonstrate that the digestion of carbohydrates begins in the mouth, making the session both interactive and insightful.

Space Explorers, Space Technology, and Education Pvt. Ltd. organised a **Space Workshop** at IHS for Grades I to X. It was a resounding success, featuring engaging hands-on activities like rocket launching and hydro rocket launching, learning about superabsorbents, architecture, telescopes, etc. By emphasizing practical learning through the "learning by doing" methodology, the workshop bridged the gap between theory and practice. This experience will prepare students for national and international events and projects, promoting enhanced understanding of space-related concepts, critical thinking, and problem-solving skills. The workshop also boosted students' confidence and motivation. Kudos to Space Explorers, Space Technology, and Education Pvt. Ltd. for organizing this informative event and to IHS students for their active participation. This initiative fosters interest in space exploration and STEM education, paving the way for future innovators!

Rajasthan's traditional Kathputli art, also known as Putli Kala, is an ancient and vibrant form of performance art that uses intricately crafted wooden puppets to narrate stories, folklore, and dances. Believed to be thousands of years old, this cultural heritage holds a special place in India's artistic legacy. As part of their **Hindi** curriculum, students participated in a **Kathputli activity**, where they learned about the history and significance of puppet-making. They explored the craftsmanship behind these traditional puppets and gained insights into the storytelling techniques used in Kathputli performances. To deepen their understanding of the chapter, students creatively integrated art into their presentations, using puppets to express key themes and ideas.

Students thoroughly enjoyed a cheerful **class party** organized before they parted for the summer break. The celebration was filled with laughter, games, music, and treats, creating a joyful and memorable conclusion to the academic session.

International Yoga Day is celebrated every year on **June 21** to spread awareness about the numerous benefits of yoga and to promote its holistic impact on health and well-being. This year marked the **11th International Yoga Day**, celebrated with the United Nations' theme: **“Yoga for One Earth, One Health.”** The theme emphasizes the interconnectedness of all living beings and the role of yoga in maintaining physical and mental balance. To mark this special occasion, parents were encouraged to **participate in a yoga session with their children at home**, fostering wellness, mindfulness, and family bonding. Through this initiative, the school aimed to inspire students and their families to embrace a healthy lifestyle and integrate the timeless practice of yoga into their daily lives.

The **value of the month** for April and May was **‘Responsibility’**. To help students understand and embody this important virtue, a special activity titled "Responsibility Towards Our Environment, Resources, and Family" was conducted. Through this activity, students explored the various ways they can act responsibly in their daily lives — by conserving natural resources like water and electricity, reducing waste, and actively participating in

keeping their surroundings clean. They also reflected on their roles within their families, such as helping with household chores, caring for siblings or elders, and being mindful of their actions. The activity aimed to instill a strong sense of accountability and foster habits that contribute to a more thoughtful, sustainable, and caring way of living.

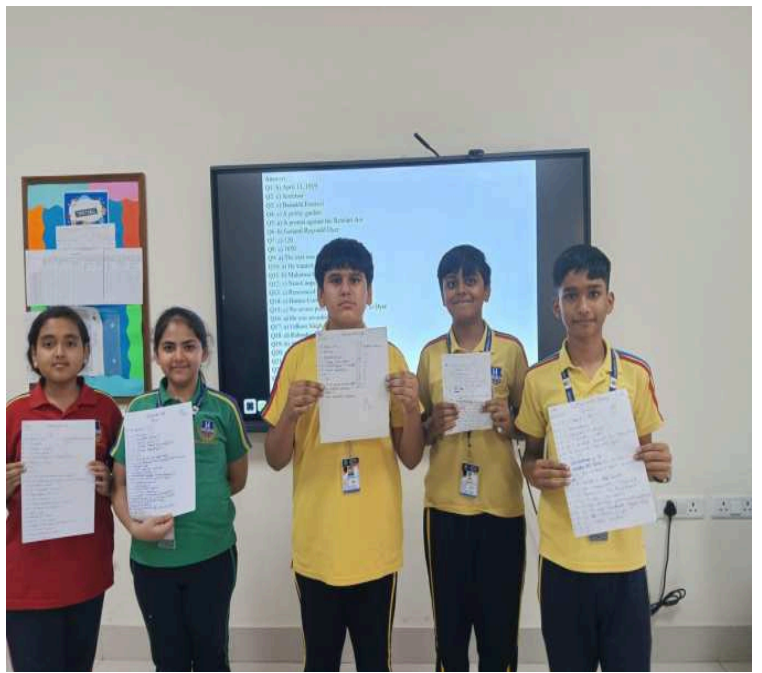
We are delighted to announce that **Ananya** of Grade VII A and **Akshita Yadav** of Grade VII B have been recognized as the *Star Performers of the Month*! Their consistent dedication, exemplary behavior, and enthusiastic participation in both academics and co-curricular activities have set them apart.

IHS NEWS: Imperial Heritage School Achieves 100% Board Results

We are proud to announce a stellar performance in the CBSE Board Examinations, with **100% pass percentage in both Grade X and XII**. Our students have excelled across subjects, with many securing distinctions. This achievement reflects the hard work of our students, the dedication of our teachers, and the unwavering support of our parents. Congratulations to the entire Imperial family!

Hope that students are relaxed and rejuvenated as they had a fun-filled summer break with their family and friends. As school resumes, the children would be excited as they would be engaged in a lot of academic and non-academic endeavours. Let us welcome the month of July with warmth and fervour!!

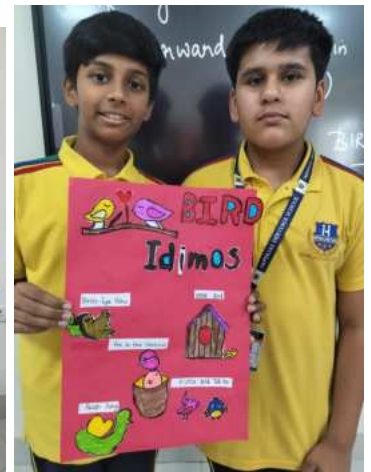
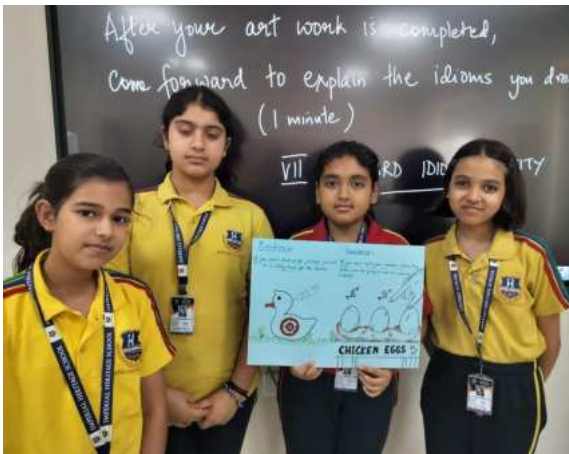










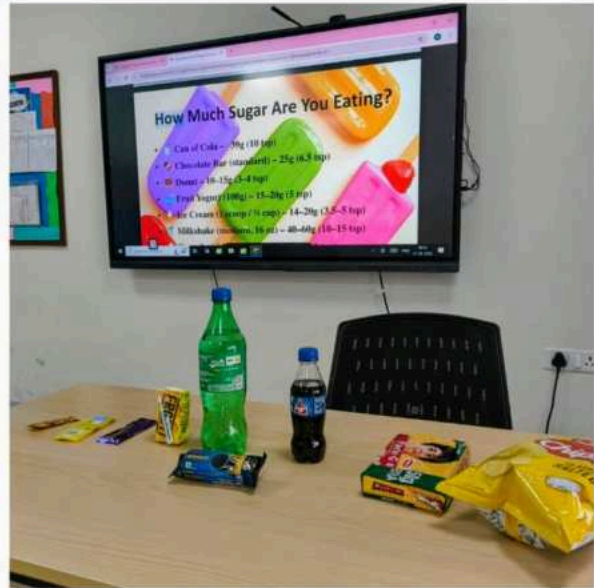












1. Syllabus for July

English	Math	Social Science	Science
LITERATURE READER Chapter 3: A Mad Tea Party MAIN COURSEBOOK Chapter 4: Flames in the Forest Poem 3: The Gift to Sing GRAMMAR Chapter 7-9: Tenses Chapter 17: Finite and Non-Finite Verbs WRITING SKILLS Story Writing (Nonsense genre or comical stories)	Chapter 3: Data Handling Chapter 8: Rational Numbers	HISTORY Chapter 6: The Sultanate Period (activity-based) Chapter 4: The Mughals (activity-based) GEOGRAPHY Chapter 3: The Changing Earth Chapter 4: Major Landforms SOCIAL AND POLITICAL LIFE Chapter 3: Democracy in Action	Chapter 3: Structure of Matter (contd.) Chapter 5: Heat and its effect Chapter 6: Flow of Heat
French	Hindi	Computers	Sanskrit
Leçon 3: Une journée à Paris Leçon 4: La famille professionnelle	पाठ्यपुस्तक बसंत भाग – 2 पाठ – 4: मिठाईवाला पाठ - 5: पापा खो गए व्याकरण - सर्वनाम , लिंग , वचन और कारक लेखन अभिव्यक्ति – अनौपचारिक पत्र लेखन और संवाद लेखन	Chapter 3: More on GIMP Chapter 5: Introduction to Robotics	पाठ-4 लोट्-लकार:(आज्ञार्थ कम्) पाठ-5 सत्ता निर्णय (राजदंडः)

**VALUE OF THE
MONTH**

"Kindness"

2. Activities for July

Parent Orientation	05.07.25
National French Day	11.07.25
Book Week	14.07.25- 18.07.25
Musings of a Poet	14.07.25
D.E.A.R (Drop Everything and Read Day)	15.07.25
Time's Up! Intra Class Competition	16.07.25
'Enact a Satirical Play' Inter House Competitions	18.07.25
Class Presentations	19.07.25
UT II	21.07.25-29.07.25
Kargil Heroes: A Tribute Through Art Creation	29.07.25

Note: Syllabus and the date sheet for the UT will be shared later.

3. General Information

- School timing is 8:00 am – 2:30 pm. School gate will be closed at 8.05 am. No entry will be allowed post that.
- Students must carry the almanac to school daily.
- Parents should check the almanac and ERP app regularly for any information.
- Students should be in proper school uniform. Kindly use only black rubber bands, clips or hair bands.
- Students must wear ID cards daily.
- A leave application must be submitted to the class teacher, one -day prior in the case of pre-planned leave. In case of illness, a medical certificate must be submitted within three days of rejoining school. In case of long leave to attend important family functions, prior written permission of the Headmistress / Principal must be obtained.
- Please ensure that your child is not suffering from cold, cough, or fever at the time of leaving home. A temperature test will be done for every student before entry into the school premises.

We look forward to your cooperation in helping our children grow and learn together.

Principal

Headmistress