



# THE TIMES OF INDIA

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STUDENT EDITION



SATURDAY, OCTOBER 17, 2020

## IN TODAY'S EDITION

**ON PAGE 2:** Debunking myths surrounding the top wonders of the world

**ON PAGE 3:** The best Bonds PLUS: Paris on screen, "The Last Kids on Earth"

**ON PAGE 4:** Some venues and champions are meant to be. Read few love-hate stories

## #GOALS

### READY FOR A FRESH START?

Sometimes it becomes tough to wrap your head around starting fresh. What you need is a little extra motivation and inspiration. Here are a few quotes to help you find the courage

#### HUGH JACKMAN

"Because I believe actually the more you do something, the less frightening it becomes because you start to realise the outcome is not as important as you think."

**It means:** A journey of a 1000 mile begins with a single step.

#### VIOLA DAVIS

"All dreams are within reach. All you have to do is keep moving towards them."

**It means:** Don't fear failure.

#### DWAYNE JOHNSON

"I grew up where, when a door closed, a window didn't open. The only thing I had were cracks. I'd do everything to get through those cracks - scratch, claw, bite, push, bleed. Now the opportunity is here. The door is wide open, and it's as big as a garage."

**It means:** Never give up hope.

#### JENNIFER LOPEZ

"When I am wrong, I will learn the lesson and move on to face other challenges. For me, that's what creating your own life is. Doing your best work while being your best self."

**It means:** Learn from your mistakes but don't feel defeated.

#### REESE WITHERSPOON

"All those things that you're worried about are not important. You're going to be ok. Better than ok. You're going to be great. Spend less time tearing yourself apart, worrying if you're good enough. You are good enough. And you're going to meet amazing people in your life who will help you and love you."

**It means:** Every dark cloud has a silver lining.

## MONEY MATTERS

### Use everyday ways to teach kids about personal finance



#### Involve them in budgeting

Enlist their help in paying the bills. Even a very young child can open the envelopes. If they can read, ask them to identify what the bills are for. They can circle the amounts payable and the due dates. Seeing a bill and working through it gives them an appreciation of routine living expenses.

#### Lookout for teachable moments

For instance, take your child to a bank instead of driving by the ATM. Talk about the role of banks as places to keep money safe and earn interest. With an older child, explain why you prefer your chosen bank. Talk about the money you are depositing or withdrawing, where the deposit came from, and when and how you plan to use it. Some banks offer passbooks - balance it out in front of them.

#### Make money lessons fun

It's surprising how many grown-ups have actually never entered a kirana store for everyday things. Start your kids early. Get them to prepare a grocery list, and then check off the items as they find them in the store. Show them how to 'comparison shop' - get them to check prices of similar items and understand why something is priced more and another brand is less expensive.

#### Stress the basics

Youngsters need to understand "opportunity cost" and the relationship between risk and return. Every financial decision has an upside and a downside. Children and also financially immature adults who tend to think about money one-dimensionally. They focus on what they can get with money, and not on what they may give up or risk in the process. It's important to use everyday situations, like buying a toy as opposed to a new pencil set as a learning tool for them. It's good to learn early that every purchase requires letting go of something else. It's a life-changing lesson.

The easiest way to ensure the release of endorphins while being stressed out is to just drink a glass of water

## GO GREEN

### ANYONE CAN BE AN ECO-WARRIOR



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If you haven't seen David Attenborough's 'A Life on the Planet', it's time to head over to watch it. Not for a glimpse of hopelessness but for a ray of hope. Despite a steady decline of all things bright and beautiful from the planet, Attenborough ends the documentary - his most personal work yet - on a positive note where he says that little changes go a long way. And it sure does. Being a champion for the planet is not as tough as you think. Sustainable lifestyle activist Mrudula Joshi runs a blog 'Ullis' to tell people on how they can start on their zero-waste journey. And it is full of simple and effective ideas.

The latest 'Eco Pulse' data reveals that 90% of millennials will buy from a brand whose social and environmental practices they trust

## IN IT TOGETHER

Zero-waste, shopping bans, composting, slow travel, turning vegetarian - the millennial green goals are varied - and every bit counts. More often than not, you are likely to find inspiration closer home. Ask in your RWA group if anyone is composting, upcycling or segregating waste and you'd be surprised to know

that many of your neighbours are #greengoals. Waste management activist and Gurugram's crockery bank revolution-starter Sameera Satija says, "People think trash goes away when they get it out of their house - out of sight, out of mind," she says. She feels that just like we visit malls, people should visit their local landfill to become aware about waste.

## NEW TECHNOLOGY

The growing tribe of eco warriors are putting social media to good use. Last year, a Twitter user @filmibaaz tweeted to Anand Mahindra upon noticing plastic bottles at his meeting. Mahindra, chairman of Mahindra Group, admitted that we could all

do better. Hashtags, Reels, YouTube are helping eco warriors. For instance waste management activist Vani Murthy (@wormrani) used the pandemic time to hold video workshops on composting, soap making, bio enzymes and more. Joshi too has been on a #maketochallenge where she avoids shopping for anything new and repurposes and restyles.

## SMALL CHANGES

Climate policy researcher Padmini Gopal started her little green goals four years ago. Her first step was to turn vegetarian. She says, "It's not an all or nothing scenario." Her practical tip: Start with one green goal - preferably the more impactful and feasible one. Take one small step at a time, to inculcate green habits that last.

## THINGS YOU CAN START RIGHT AWAY

- **Drink cutting water:** Instead of filling a full glass of water, drink in smaller glasses or fill half a glass.
- **Reuse AC or RO water:** Collect water from your AC and RO outlet.
- **Don't wash your clothes:** Sustainable designer Stella McCartney is an anti-laundry advocate. While that's a tall order, hand wash more, use liquid detergent, or a green detergent and a cold wash.
- **Cut down plastics:** Use jute/cloth grocery bags, make your own cutlery bag, carry your own bottle.
- **Clear your inbox:** A study by ICF International and McAfee reveals that storing 1GB of e-mail consumes 32.1 kWh per year. According to Orange, a French telecom service, if every single person in France deleted 50 emails, the energy savings would be equivalent to turning the Eiffel tower's lights off for 42 years!
- **Empty Junk folder:** A largely plant-based diet is kinder on the planet.
- **Plant more desi flowers:** Flowers bring bees and bees help spread pollen.
- **Download, not stream:** Watching a half-hour show would lead to emissions of 1.6 kg of carbon dioxide equivalent. Watching over Wi-Fi and on a mobile are more energy efficient.
- **Swap or upcycle clothes:** More than a new sustainable product, using what's already there is higher up in green quotient.



## HEALTH Ready for 'DESKFAST'?

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When life revolves around a table and chair for most part of the day - thanks to school and even other activities from home - the obvious conclusion is meals on the desk, especially breakfast. With so much of working/studying on the desk and eating alongside being the norm in pandemic life, it's better to rechristen 'breakfast' as 'deskfast'. Sounds more relatable... doesn't it? So, what are the ideal 'deskfast' options that are non-fussy, nutritious and delicious?

**WHO advises washing hands with soap and water for at least 20 secs before eating**

**Try these** Nutritionist Ritika Samaddar's take on 'deskfast' is simple: "Ideal healthy first meal of the day should have three food groups like dairy (milk) along with cereal and fruit or cereal with non-veg and vegetables. Good options are milkshake (milk + banana + handful of nuts like almonds) or egg roll or paneer roll or paneer/tofu sandwich/egg sandwich (see box for recipe)."



#### Quick morning bites

Nutritious morning snacking (on those super busy days when you have back-to-back classes) can help you in staying full for longer periods of time. Remember, a growling tummy keeps you distracted and may not let you focus well on your lessons. In case the food is delayed for some reason or the other (your parent on a work call, helper arriving late), you can fix it yourself. Check out these easy ideas.

- Pair whole-wheat bread with a slice of cheese or
- Take 2 whole-wheat bread slices, add a slice of cheese and a thin slice of paneer or tofu, and a sauce of your choice, and the sandwich is ready. Have the sandwich with a glass of fresh milk (cow's milk/almond milk). Milk is great for bone development because it has plenty of calcium. Ditto for paneer or tofu - both rich in protein.

#### In changing weather...

Now that there is a nip in the air, it's essential to have some warming foods, like eggs and nuts in the morning or mid-morning. "Egg is a must, so are a handful of nuts - both give energy to the body and most of

#### PANEER/TOFU SANDWICH RECIPE

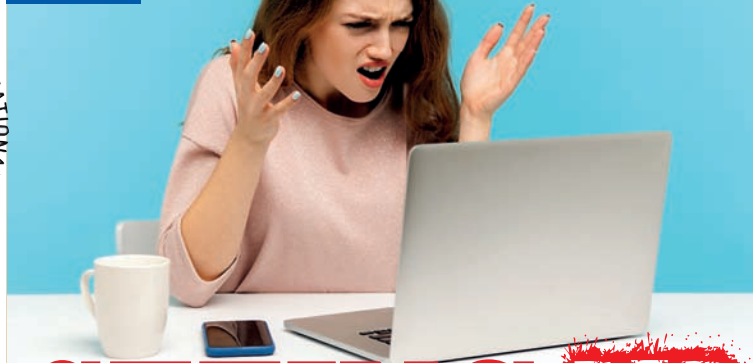
Who says you have to wait for a family elder to bring some food to your study desk? DIY, especially, with self-sufficiency being the flavour of the year. This recipe is simple and can be prepared in 2-3 minutes...

Have the sandwich with a glass of fresh milk (cow's milk/almond milk). Milk is great for bone development because it has plenty of calcium. Ditto for paneer or tofu - both rich in protein.

- By Ritika Samaddar

the nutrients and protein. Include fluids like milk or milkshake or a glass of homemade juice to stay adequately hydrated and nourished," advises Samaddar. Notably, lack of adequate hydration can lead to confused thinking and irritability, according to health experts. So, eat healthy and drink healthy.

## RETHINK



### SEEING RED

#### Video call rage and how you can deal with it...

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It's becoming increasingly difficult to hold on to our professional side or maintain decorum, whether we are students, or adults dealing with workplace problems. Cases of verbal altercations during online meetings or classes are at an all-time high. School or workplace, when we acknowledge there is a problem, we are already on the path to recovery.

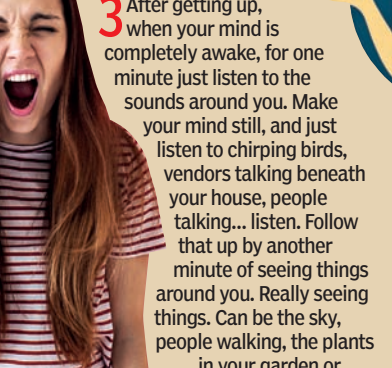
Says psychiatrist Dr Sanjay Chugh, "People are under pressure everywhere, hence societal norms are also crumbling. This has started affecting the functional load of all our brains. Functional load varies from people to people, but right now, we have reached a stage where almost everyone has crossed their threshold, resulting in unleashing our repressed anger to the person in front of us. It's a classic example of displacement of anger." The first step, he says, is to acknowledge and understand that living in extremely fragile settings as we are right now requires all of us to deal with our functional load in a healthier way. Etiquette expert Konkana Bakshi agrees completely as she says the world has never been on a "more permanent fight-or-flight mode, due to extreme anxiety, as they are in right now".

simple 2-8-4 breathing exercise. That's two seconds of inhaling fresh air, eight seconds of holding your breath, and 4 seconds of exhaling. As you keep getting better at it, raise the proportion to 4-16-8.

**2** No gadget time is a must for our survival. We simply have to learn and practise staying away from gadgets for a stipulated time on a daily basis. Nothing less than one hour to begin with. Then increase the time.

**3** After getting up, when your mind is completely awake, for one minute just listen to the sounds around you. Make your mind still, and just listen to chirping birds, vendors talking beneath your house, people talking... listen. Follow that up by another minute of seeing things around you. Really seeing things. Can be the sky, people walking, the plants in your garden or balcony. These bring you closer to your own consciousness, and reduce anxiety.

**4** In the midst of a video meeting, if you feel that anger rising, for a good 2 to 3 minutes, reduce the volume of your laptop and observe and read the lip movements of the people in front of you. You'll feel calmer, and also get to understand that this is possibly how you sound or look when you get angry. We are all mirror images of one another.



"In the midst of a meeting if it gets too much, try the honesty approach tried and tested by top CEOs. Just say, 'I'm beginning to feel angry or uncomfortable, so I'll get back to you on this topic later'."

- Konkana Bakshi, CBT trainer

and observe and read the lip movements of the people in front of you. You'll feel calmer, and also get to understand that this is possibly how you sound or look when you get angry. We are all mirror images of one another.

#### THE DIET PLAN

Diet plays the most crucial role in the betterment of our mental health.

- 1 Did you know just drinking a glass of water during anxiety can release endorphins in our bodies? Try it.
- 2 Eat one banana a day. The magnesium, coupled with natural sweetness, helps reduce anxiety.
- 3 Valerian root tea isn't tasty but its effective in helping us relax and sleep better. Have at least one large cup of it like a bitter pill every day.
- 4 Omega 3 fatty acids are great stress-busters. Include it in your diet.

## ask the expert Why does my teenager suddenly seem aloof?

**Q** My 15-year-old teen keeps threatening me about leaving the house every time I scold him. And I can see he is distancing himself from us. He keeps his door shut and even wants to eat in his room. What should we do?

**A** Teenagers begin to assert their independence and find their own identity. Many teens experience behavioural changes. It may seem hard to believe - given your child's anger or indifference towards

hormonal changes, teens also experience multiple mood swings. Staying calm with him and trying to understand his situation, along with not taking his anger spells personally, may be a good idea at this point. My advice to you here is whenever you are angry or upset, avoid communicating with your teen. Wait until you're calm and energised before starting a conversation. Your calmness and unconditional love may act as good tools for helping your child out of this phase. Lastly, it is essential to be there for your child. Avoid getting frustrated if your efforts are being greeted by nothing more than monosyllabic grunts or shrugs. Listen to him without judging or giving advice. Stay away from sarcasm, interrupting, criticising, or offering advice.

**It may seem hard to believe - given your child's indifference towards you - but teens still crave love, approval, and acceptance from their parents"**

you - but teens still crave love, approval, and acceptance from their parents. Positive face-to-face connection is the quickest, most efficient way to reduce stress and enhance your relationship with your child. Further, owing to the

- Expert: Dr Rachna Khanna Singh, HOD, holistic medicine & psychology

If you have a query - parenting advice, food conundrum, travel dilemma, personal finance for children or maybe a styling doubt - anything that is stopping you from being your best version, write in to us at timesnie175@gmail.com. We will get our experts to answer it. Mention ASK THE EXPERT in the subject line



## ★ MYTH ★ SHAHJAHAN CUT THE HANDS OF WORKERS

A popular tale about the Taj Mahal — often narrated by local guides in Agra and spotted on various websites — states that after the Taj's construction was completed, Shah Jahan ordered his soldiers to chop off the hands of the master masons so that they could never replicate the wonder. This story contrasts with available evidence and a vast settlement called Taj Ganj that still exists today. It was set up by Emperor Shah Jahan to house the thousands of masons, artisans and other workers who had assembled from the distant parts of his empire. The descendants of those workers still live there and practise the skills of their forefathers. The fact remains that after finishing the Taj, Shah Jahan's workers built for him a whole new imperial city called Shahjahanabad in Delhi. It would have been highly impossible to main thousands of expert artisan and find replacements to work on another equally grand project in such a short time, claim historians.



**FUN FACT** Ustad Ahmad Lahauri, generally regarded as the chief architect of the Taj Mahal, was not Indian; he was a Persian from Iran.

## ★ MYTH ★ THE GREAT WALL OF CHINA IS FILLED WITH BODIES

When tourists travel to the Great Wall of China, what travels with them are the lines from the poem, 'Every brick, every stone, and every inch of mud are filled with Chinese people's bones and sweat and blood.' How did this myth come about? Researchers claim that forced labour was the answer to building the Great Wall, and apparently, if anyone died, there was a handy site for internment.



No bones or indeed other indication of human remains have been found in the Wall. The most likely source of the rumour is a historian with a grudge against the previous regime, states the Telegraph.co.uk.

**FUN FACT** The Great Wall is not a continuous line: there are side walls, circular walls, parallel walls, and sections with no wall (high mountains or rivers form a barrier instead).

# SLAVES BUILD THE PYRAMIDS

## ★ MYTH ★

The ancient Greek historian Herodotus once described the pyramid builders as slaves, creating what Egyptologists say is a myth propagated by pop culture. Egypt in 2010 put on display tombs more than 4,000 years old and said they belonged to people who worked on the Great Pyramids of Giza, supporting evidence that slaves did not build the ancient monuments. The tombs contained no gold or valuables, which safeguarded them from tomb-raiders throughout antiquity, and the bodies were not mummified. The skeletons were found buried in a fetal position — the head pointing to the West and the feet to the East according to ancient Egyptian beliefs, surrounded by the jars once filled with supplies for afterlife. Though they were not slaves, the pyramid builders led a life of hard labour. Their skeletons have signs of arthritis, and their lower vertebrae point to a life passed in difficulty.

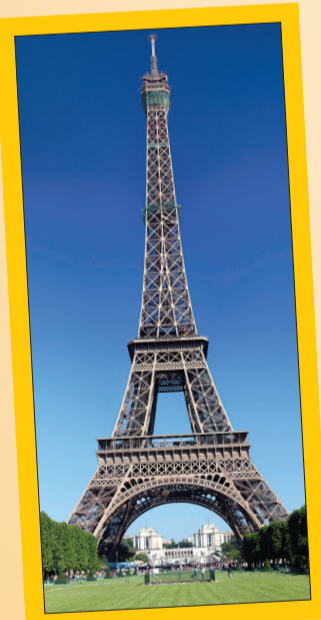
**FUN FACT** The pyramid of Giza built in 2560 B.C. for the pharaoh Khufu, was almost 147 m tall. Today, because of erosion, it is only about 139 m tall.



Hey Folks!  
I am **EXPLORIA**.  
Today, let's debunk myths surrounding the renowned wonders of the world



## ★ MYTH ★ THE EIFFEL TOWER WAS BUILT AS AN ICONIC PIECE OF ENGINEERING



In reality, the Eiffel Tower was actually built to be one of the main attractions at the Paris World's Fair in 1889. That year, the World's Fair covered the entire Champ de Mars in Paris and its focus was the vast constructions in iron and steel that were the great industrial advancement of that time. At one point in time, the Eiffel Tower was used to display advertisements, according to Listverse.com. Andrea Citroen, a former arms manufacturer, who had his name — which was also the name of his company — emblazoned in gigantic letters on the side of the Eiffel Tower after renting its use. His efforts earned him a dubious spot in the Guinness Book of World Records for his gigantic billboard, much to the embarrassment of the French, states Listverse.com.

**FUN FACT** Repainting the tower, which happens every seven years, requires 60 tonnes of paint.

## ★ MYTH ★ STATUE OF LIBERTY WAS A GIFT FROM THE FRENCH GOVT TO THE US GOVT

The presumption that it was a gift to please the French may have originated from the fact that the statue was the brainchild of French sculptor Frederic Auguste Bartholdi. While there was an involvement on France's part in the envisioning of the monument, however, much of the money raised for the statue came from the American public — in part thanks to the urging of newspaper publisher Joseph Pulitzer, according to Classroom.synonym.com. America was responsible for creating the pedestal, while France was charged with creating and assembling the statue, but money issues plagued both the countries, and were solved through a variety of fund-raising endeavours.



A tablet held by the statue in her left hand bearing "JULY IV MDCCLXXVI (July 4, 1776)," the Declaration of Independence's adoption date in Roman numerals.

**FUN FACT**

## ★ MYTH ★ MICHELANGELO PAINTED SISTINE CHAPEL PROSTATE

The popular belief is that the famous fresco on the ceiling of the Sistine Chapel was painted by the artist Michelangelo while lying on his back in order to get the angles that he needed to paint it properly. According to listverse.com, while the part about him lying on his back to paint was just a myth — in actuality he was standing most of the time — he had to hold his neck at an awkward angle in order to do the job.

The ceiling frescoes took Michelangelo four years to complete. In total, they cover 12,000 square feet.

**FUN FACT**

## ★ MYTH ★ THE COLOSSEUM ONLY HOSTED GLADIATOR DUELS

While this perception is common among people's minds, coloured by the movie descriptions of the Colosseum, there was a lot more going on there. The programmes at the Colosseum were pretty multi-faceted. It included a series of shows and performances that lasted hours, whether it be the presentation of all the "stars" of the day or fights between animals or circus acts, ending with hunting games. In fact, around noon, the Colosseum, during the lunch break, saw public executions of criminals, according to walksofitaly.com.



**FUN FACT** The Colosseum was built between 72 AD and 80 AD under the Emperor Vespasian, in the heart of Ancient Rome

## ★ MYTH ★ STONEHENGE WAS BUILT BY THE DRUIDS

Although it is a popular opinion that the Druids (the priestly class in ancient Celtic societies), modern archaeologists believe that the Stonehenge was built over a period of hundreds of years. Radiocarbon dating has confirmed that some of the raised stones date back to 1600 B.C., a time when the Druids did not occupy the region. Just as its construction spanned several stages, its builders also belonged to distinct groups.

Some of the stones were brought from nearly 200 miles away — a feat that would have been a major technical accomplishment at the time.

**FUN FACT**



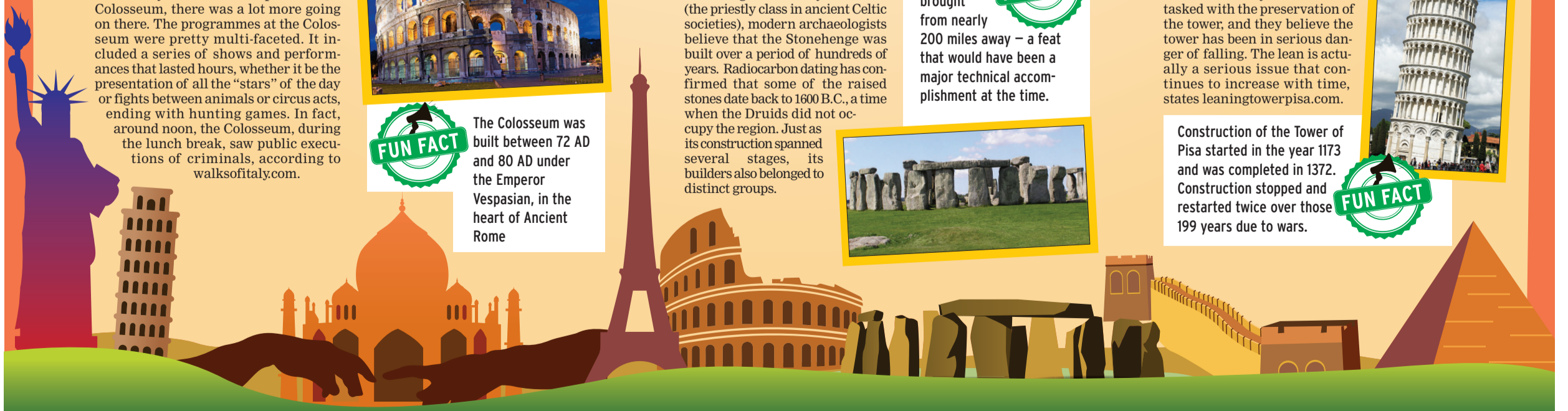
## ★ MYTH ★ LEANING TOWER IS STABLE

The myth may have originated from the fact that some people believed that it to be an optical illusion and that the building has very little real or dangerous lean to it. There is actually a commission tasked with the preservation of the tower, and they believe the tower has been in serious danger of falling. The lean is actually a serious issue that continues to increase with time, states leaningtowerpisa.com.



Construction of the Tower of Pisa started in the year 1173 and was completed in 1372. Construction stopped and restarted twice over those 199 years due to wars.

**FUN FACT**





**BARRY NELSON**

Contrary to popular belief, it wasn't Scottish actor Sean Connery who played James Bond for the first time on screen. American actor Barry Nelson played the first Bond in 'Casino Royale' (1954) in a live one-hour production for TV screens. At the time he was offered the role, Nelson was unaware that Bond was an Englishman. In an interview with 'Cinema Retro' in 2004, he had said: "At that time no one had ever heard of James Bond... I was scratching my head wondering how to play it. I hadn't read the book or anything like that because it wasn't well known."  
**TV:** 'Casino Royale'



**SEAN CONNERY**

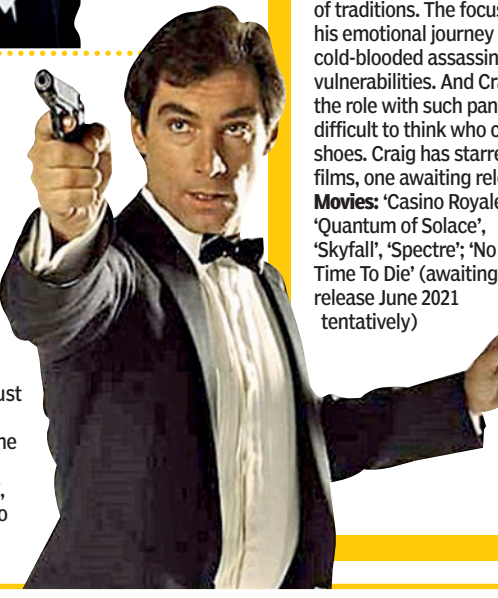
Undoubtedly, it was Scottish actor Sean Connery who made James Bond the iconic character that he is today. Connery played the lead for two decades (1962-1983), interrupted only by a few years where George Lazenby played Bond in 'On Her Majesty's Secret Service' (1969) and David Niven in a lighter version of 'Casino Royale' (1967). We may have our favourites but it was Connery who made the worldwide cash registers ring, which eventually led producers to bet big on James Bond as a character. The film franchise's superstar status was attained solely because of the then 32-year-old Connery making Bond famous in 'Dr No' (1962).  
**Movies:** 'Dr No', 'From Russia With Love', 'Goldfinger', 'Thunderball', 'You Only Live Twice', 'Diamonds Are Forever', and 'Never Say Never Again'

**DAVID NIVEN**

British actor David Niven, according to Ian Fleming, was the perfect actor and star in Hollywood to play Bond. Though Connery was hailed by the audiences, Niven starred in the movie version of 'Casino Royale' in 1967, which had a humorous and light tone.  
**Movie:** 'Casino Royale'

**TIMOTHY DALTON**

British actor Timothy Dalton joined the Bond franchise after Moore opted out because he thought he was too old to play Bond (1986-1994). Dalton who was asked to play Bond several times in the past, finally agreed, though he starred in just two films.  
**Movies:** 'The Living Daylights', 'Licence to Kill'



**BOND THROUGH THE AGES**

A look at the actors who made Ian Fleming's James Bond world-famous even as we await the next film, 'No Time To Die'

**DANIEL CRAIG (2005 TO NOW)**

British actor Daniel Craig took up the role after Pierce Brosnan called it quits in 2005. He was impressed with the gritty yet fresh perspective of the script for 'Casino Royale'. A lot of things changed fundamentally during this time, as Bond moved away from a lot of traditions. The focus was more on his emotional journey to become a cold-blooded assassin, displaying his vulnerabilities. And Craig has played the role with such panache that it's difficult to think who can fill his shoes. Craig has starred in five films, one awaiting release...  
**Movies:** 'Casino Royale', 'Quantum of Solace', 'Skyfall', 'Spectre', 'No Time To Die' (awaiting release June 2021 tentatively)



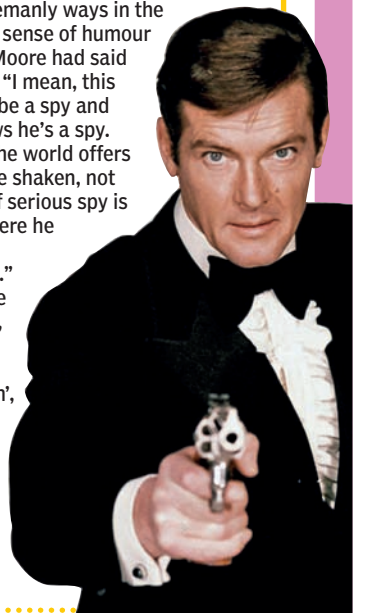
**PIERCE BROSNAN**

Irish actor Pierce Brosnan (1995-2002), according to most, was the perfect Bond. His good looks and charm made him a believable international playboy. Brosnan while maintaining many traditional aspects of the character, did away with his habit of smoking due to strong personal beliefs. Brosnan starred in four extremely successful Bond films through a decade.  
**Movies:** 'GoldenEye', 'Tomorrow Never Dies', 'The World is Not Enough', 'Die Another Day'



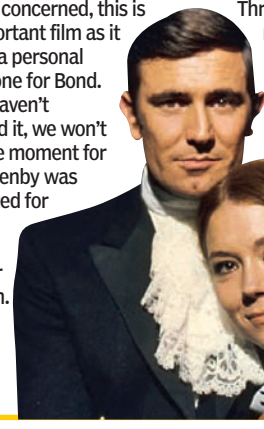
**ROGER MOORE**

The late Sir Roger Moore was the first British actor to play James Bond in seven films (1972-1985). One of fan favourites, Moore has a huge following as the 'best Bond ever' even now. Known for his gentlemanly ways in the industry, and for his sense of humour to fans worldwide, Moore had said about playing Bond: "I mean, this man is supposed to be a spy and yet, everybody knows he's a spy. Every bartender in the world offers him martinis that are shaken, not stirred. What kind of serious spy is recognised everywhere he goes? It's outrageous."  
**Movies:** 'Live and Let Die', 'The Man With the Golden Gun', 'The Spy Who Loved Me', 'Moonraker', 'For Your Eyes Only', 'Octopussy', 'A View to Kill'



**GEORGE LAZENBY**

The Australian actor stepped in after Connery left the Bond franchise in 1967 (he was later convinced to join again). As far as the character development of Bond is concerned, this is an important film as it marks a personal milestone for Bond. If you haven't watched it, we won't spoil the moment for you. Lazenby was nominated for Golden Globe as lead actor for this film. Another extremely fascinating fact about 'On Her Majesty's Secret Service' is that it starred Diana Rigg as the female lead; the world knows Rigg today as Lady Olenna Tyrell from the TV series 'Game of Thrones'. Rigg, who recently died after fighting cancer, was mourned by Lazenby in a beautiful Instagram tribute. He said: "I'm so sad to hear of the death of Diana Rigg. She undoubtedly raised my acting game when we made 'On Her Majesty's Secret Service' together in 1968-9."  
**Movie:** 'On Her Majesty's Secret Service'  
Haimanti.Mukherjee @timesgroup.com



*"Paris is always a good idea"*

with nods to Toulouse-Lautrec, Renoir, and more in the sets and costumes.

**THE PINK PANTHER FRANCHISE (1963-1976)**

When Audrey Hepburn's 'Sabrina' says this in the eponymously titled movie, it only gave fresh ideas to filmmakers to use the 'forever' cultural capital of the world as the right backdrop for their stories. The recent series 'Emily in Paris' may not be the best doff to the city but Paris has been a compelling character – and not just a city – in many movies. Here's a look at movies that capture the 'je ne sais quoi' of the City of Lights in a way that you want it to be your first stop once the pandemic is over.

Is there anything more delightful than watching the inept Jacques Clouseau (Peter Sellers) go after the elusive Pink Panther diamond. Sellers' search takes him around Paris many times and his ridiculous French accent will crack you up. Steven Martin did a good enough job in the later reprise but less said about our very own Aishwarya Rai, the better.

**AMÉLIE (2001)**

This delightful Oscar-winning movie maybe French but has the "kind of chocolate-box Hollywood imagining" of the city that made it a worldwide hit. The quirky rom-com follows the lead played by Audrey Tautou going about observing strangers, and flitting about the city. If you have seen the movie, you'd carry the image of Paris as shown here. It was filmed in 80 locations and is a whimsical trip around the city.



**PARIS, JE T'AIME (2006)**

An anthology film, which calls on 22 directors to oversee 18 plotlines, all set in different arrondissements throughout the city. The stories are sometimes extraordinary (there's one about vampires) but they are emotional because of their simplicity. It helps that the human emotions are unraveling through the beautiful city as a backdrop, which becomes a character in itself.



**RATATOUILLE (2007)**

It took a rat to show us the real spirit of Paris – the city of dreams, when Remy the rat follows his passion for cooking. The city makes it happen for him. To prepare for the film, the filmmakers spent a week there, visiting sights and eating at famous restaurants. The movie embraces the romance, culinary history, and feeling of opportunity in the French capital.



**HUGO (2011)**

In 'Hugo', we experience the city in bits from the titular character's vantage point – a clock tower at Gare Montparnasse railway station. He peers out at the city's most famous landscapes from up above as he tinkers with his late father's automaton and continues to run the clocks after his uncle goes missing. Set in the 1930s, the Martin Scorsese-directed movie is visually stunning – a big-hearted, lavishly played out feel-good movie.



**CASABLANCA (1942)**

So while 'Casablanca' is set mostly in er... Casablanca, Paris is shown in the flashback. The city is the backdrop to Rick (Humphrey Bogart) and Ilsa's (Ingrid Bergman) whirlwind romance, complete with drives on the Champs-Élysées, ballroom dancing, and lots of champagne and passionate kisses. It is one of the greatest love stories of our times and the reason for one of the most memorable dialogues in cinematic history: "We'll always have Paris".

**AN AMERICAN IN PARIS (1951)**

Gene Kelly as a struggling American painter in Paris, Jerry Mulligan, is discovered by an heiress who is more interested in him than his art. But Mulligan falls for a young French girl. Lots of dancing, singing and romantic confusions abound. A 17-minute-long, dialogue-free ballet choreographed by the one and only Kelly is the best bit of the movie. The movie marked the debut of Leslie Caron. **Did you know:** the ballet was filmed across 44 MGM backlot sets and covers a swath of French art history,



**WILL YOU SURVIVE A ZOMBIE APOCALYPSE?**

Nitya.Shukla@timesgroup.com

With the third season of 'The Last Kids on Earth' out we thought it best to do a quick check-in with you. Based on Max Brailer's bestselling middle-grade book series by the same name, the Emmy Award-winning animated web series is about kids battling zombies. In season one aka 'Book 1', readers meet 13-year-old Jack Sullivan trying his best

to survive the monster apocalypse by laying low in his tree house. Not that he fancies being an open bait, so he has armed his treehouse with catapults, a moat and plenty of video games, Oreos and Mountain Dew to pass the time. But soon, he realises that surviving alone isn't a good idea when facing zombies, winged wretches, vine thinges, and Blarg the gifted-monster. To survive the monster-infested town, Jack would need his wits and people to help him. Enter June, Quint and Dirk, who all have the same idea.

**Did you know in 2017 a study done by the students of University of Leicester (UK) claimed that a zombie attack would wipe out the humans in exactly 100 days?**



**Creative writing exercises to try**

- Make a list of 50 items that you would have in your apocalypse survival guide.
- Write about 20 people you could turn to during a zombie apocalypse, and state why.

**That's so sick!**  
If you still think that a zombie apocalypse is about as real as the unicorn, then you probably haven't read about diseases that exhibit zombie-like symptoms...  
**The sleeping sickness:** When parasites attack the brain and cause its victims to have slurred speech and loss of concentration.  
**Necrosis:** Attacks specific groups of cells causing a communication breakdown between skin cells and the nervous system.

In season two, a 10-episode series, titled 'Book 2' Jack and his friends decide to put an end to the crazy zombie mayhem once and for all. And they do for some time. BUT of course, they were foolish to think that zombies were just going to kaboom out of town. That's where season 3 begins...



**BY ZEUS!**

Nitya.Shukla@timesgroup.com  
A flood of Zeus, the highly-anticipated web series has become quite a buzz amongst Greek mythology fans. Created by filmmakers Charley and Vlas Parlapianides, the anime series is set in the world of Greek mythology, and revolves around the adventures of protagonist Heron, the son of Greek God Zeus, as he tries to save heaven and earth. As the mythological figurehead who ruled as king of the gods of Mount Olympus, Zeus is both a loved and feared persona in greek mythology, inspiring countless stories. Here are two fiction works for beginners that are well worth your time.

12 will enjoy reading this witty tale of Zeus as a child, navigating complex family relationships and finding his voice. Zeus gets help from his companions: six monsters, five Greek gods, and an enchanted she-goat.

**OLYMPIANS: ZEUS: KING OF THE GODS BY GEORGE O'CONNOR**

The author combines his love for Greek mythology and classic superhero comics to tell us how these original superheroes of Greek mythology were the inspiration for modern superheroes, including Superman, Batman, the X-Men. We are introduced to Zeus, the ruler of the Olympian Pantheon, who narrates his story from boyhood to his ascendance to supreme power.



**YOUNG ZEUS BY G BRIAN KARAS**  
Young readers up to the age of

**CHARACTER OF THE WEEK**

**CHERYLYN "CHER" HOROWITZ**

**Clueless, 1995**  
When Cher in a yellow Chanel skirt-suit pushes away a boy, shouting "Ugh! As if!", you get the glimpse of a spoiled, affected, privileged and shallow rich girl. She describes a fellow classmate as: "No, she's a full-on Monet. It's like a painting, see? From far away, it's OK, but up close, it's a big old mess." Yet, she's one of the most endearing on-screen characters who finally decides to use her social status as Beverly Hills most popular girl for some good for the community. In the middle, she dabbles as an amateur matchmaker who thinks it's her calling to be the Prof Higgins to Britanny Murphy's (as Tai) Eliza Doolittle. Cher, played brilliantly by Silverstone, may be a loose adaptation of Jane Austen's 'Emma' yet director Amy Heckerling creates a memorable character that remains iconic even today.




**DID YOU KNOW?**  
Sarah Michele Gellar of 'Buffy - The Vampire Slayer' fame was offered the role of Cher. She had to refuse due to prior commitment.

# An affair to remember

## Le Rafa French Kiss

There are legendary players and there are amazing venues. When the two meet, sparks fly, chemistry brews and a hit love story emerges. Through centuries and matches, we have witnessed many such romances; be it Rod Laver creating magic at the grass courts or Messi's unparalleled footwork at Glasgow; Sachin Tendulkar's best at Sharjah or Lewis Hamilton's acceleration at the Canadian Grand Prix, DEEBASHREE MOHANTY takes you down memory lane to showcase how this is a match made in heaven...

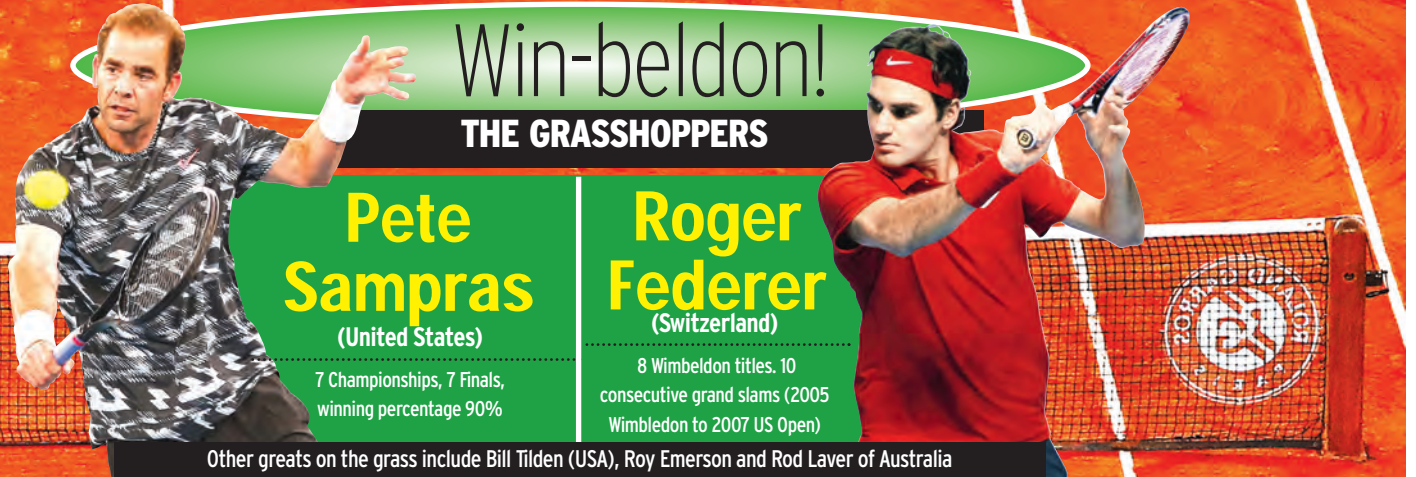


**Rafael Nadal's dominance in numbers**

13 French Opens over 15 years

100 wins at Roland Garros

100 v/s 2 win-loss record



**Win-beldon!**

**THE GRASSHOPPERS**

**Pete Sampras**  
(United States)  
7 Championships, 7 Finals, winning percentage 90%

**Roger Federer**  
(Switzerland)  
8 Wimbledon titles, 10 consecutive grand slams (2005 Wimbledon to 2007 US Open)

Other greats on the grass include Bill Tilden (USA), Roy Emerson and Rod Laver of Australia

## Speed Dating



Lewis Hamilton and Michael Schumacher have 7 wins at Circuit Gilles Villeneuve, Canadian Grand Prix

## Alpsolutely for Sindhu



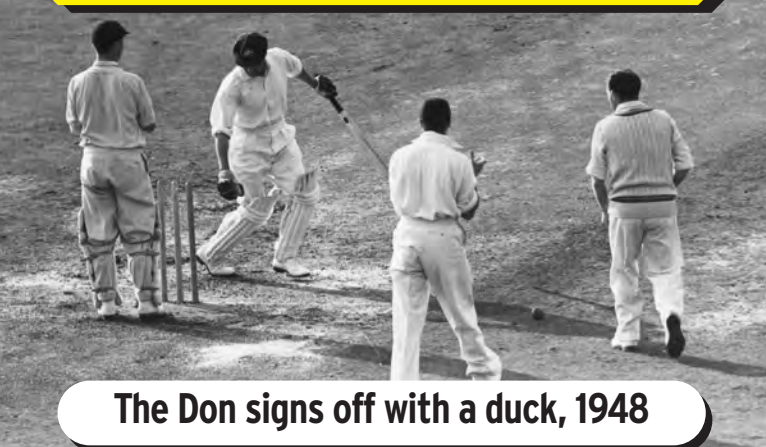
PV Sindhu: "The St Jakobshalle in Basel, Switzerland is special for me." She won the BWF 2019

## The Bay Hill, Putt Of Course



Tiger Woods has won a staggering 8 times at the Bay Hill Club and Lodge, Orlando

## When Don Got An Oval



The Don signs off with a duck, 1948

The unparalleled Test career of Donald Bradman ended with an anti-climactic second-ball duck at the Oval. Bradman's was clean bowled by Eric Hollies. He finished his career with an iconic average of 99.94.

## A Desert Rose from Sharjah to Sachin Tendulkar



While he dominated opposition all over the world, his battles with Australians grabbed headlines. This duel reached a crescendo in Sharjah (1998). It was here that Tendulkar played two of his best knocks in ODI. The first was when he single handedly took India to the finals. The next was another peerless century on his birthday!

## A Hit and no miss



Dhyan Chand at the Berlin Olympics 1936!

At the Berlin Olympics in 1936, Dhyan Chand removed his shoes and played bare foot owing to an injury. He took India to a victory scoring 6 more goals. Adolf Hitler couldn't bear the humiliation and left before the game ended!

## Just us having a Ball here



Cristiano Ronaldo names Santiago Bernabeu (Madrid) as the best stadium he has played in...



...Lionel Messi chooses The Celtic Park, Glasgow

"I've been fortunate enough to play in some great stadiums in Europe with Barcelona but none compare to Celtic. The atmosphere their fans create, make it a very special European night of football. The games against Celtic were special and I want to remember them. It is the best atmosphere in Europe and we all want to experience that again.

Barcelona players and coaches have never hidden their admiration for the inspirational effect a cacophonous Celtic Park can have on their performances. Ronaldo, on the other hand, scored more than 200 goals at the Bernabeu with an average of 1.16 goals a match!

"