



**IMPERIAL HERITAGE SCHOOL, SEC-102, GURUGRAM**  
**MONTHLY PLANNER FOR SEPTEMBER**  
**Grade VII (2025-2026)**

*“Our greatest weakness lies in giving up. The most certain way to succeed is always to try just one more time.”*  
— Thomas Edison

Dear Parents,

Greetings!

September, traditionally seen as a month of transition between seasons, often brings with it some of the most pleasant and temperate weather. In India, the month also holds special significance as it marks Teacher’s Day on September 5th, celebrated to honor the birth anniversary of Dr. Sarvepalli Radhakrishnan, the nation’s second President. A renowned philosopher, teacher, and scholar, Dr. Radhakrishnan’s life and vision continue to inspire generations. Teacher’s Day is not merely a commemoration of his birth but a tribute to the timeless bond between teachers and students, and to the transformative role of education in shaping society. At IHS, September has been thoughtfully planned with a blend of activities, competitions, and academic progress, ensuring the successful completion of the Term I syllabus. The preceding month of August resonated deeply with patriotism, as the nation celebrated its **79th Independence Day**.

**Special Assembly:** To mark the 79th Independence Day, Imperial Heritage School hosted a vibrant and heartfelt **Special Assembly** on 13th August, presented with great enthusiasm by the students of Grade VII A and VII B. The event celebrated the spirit of freedom, patriotism, and national pride, paying tribute to the sacrifices of our freedom fighters and the progress of our nation. A vibrant sequence of patriotic songs, monologues, dynamic dance moves, and theatrical performances brought the occasion to life. The standout highlight was a poignant skit and synchronized skating drill inspired by ‘*Operation Sindoor*’, symbolizing the nation’s strength, resilience, and resolve. The program also featured a dramatic enactment of the Prime Minister’s address, echoing every citizen’s dreams, hopes, and responsibilities. Individual student performances added emotional depth and creative flair. The energy peaked with a spectacular formation by students on skates and wave boards—a lively tribute to India’s youthful spirit. This well-orchestrated celebration was more than a performance; it was a powerful reminder of unity, courage, and responsibility. The young performers truly embodied the resilient, diverse, and proud essence of India.

**Oil Board:** As part of the CBSE’s health and wellness initiative, an Oil Board activity was conducted for students up to Grade VIII to raise awareness about the impact of oil and fat consumption on health. Through an engaging PowerPoint presentation, students were introduced to the different types of fats — saturated, unsaturated, and trans fats — and their sources. They learned about the importance of mindful consumption of fats and oils, along with the age-appropriate calorie intake and the proportion of calories that should come from fats. The session emphasized the negative effects of excessive fat intake on weight and blood cholesterol levels, which can lead to obesity — a key risk factor for serious health conditions such as heart disease, stroke, type 2 diabetes, and certain cancers. Students were also made aware of additional health risks associated with high fat intake, such as fatty liver disease, gallstones, and osteoarthritis.

**Film Fiesta — *Mahavatar Narsimha***

On 4th August, our students with NIE newspaper subscriptions enjoyed a complimentary 3-D screening of the acclaimed animated mythological epic *Mahavatar Narsimha*, organized during school hours.

**Hiroshima Day:** Hiroshima Day is observed worldwide on August 6. The day marks the anniversary of the nuclear attacks on the Japanese city of Hiroshima during World War II and aims to raise awareness of the devastating effects of nuclear bombs. To mark Hiroshima Day, students of Grades V to VIII participated in a special observance to spread the message of peace and non-violence. Students imagined themselves as reporters in 1945, sharing powerful accounts and peace appeals.

**Create a Language Poster:** On 8th August, as part of Heritage Week celebrations, students participated in a creative activity titled "*Create Language Poster: Language (Manipuri)*". The task involved designing a poster showcasing five common Manipuri phrases used in everyday conversations, along with their English translations. This activity helped students appreciate the richness of the Manipuri language and understand its cultural significance.

As part of the '**Har Ghar Tiranga**' campaign under Azadi Ka Amrit Mahotsav, students were encouraged to hoist the Indian National Flag at their homes to mark our nation's independence. They participated with great enthusiasm and built a personal connection with our Tiranga.

**WWGC Classroom Challenge:** WWF-India has launched 'Wild Wisdom Global Challenge 2025' and its theme is Incredible Insects. As the first round, a classroom challenge, featuring an objective-type pen-and-paper assessment, was held on Monday, August 11th, for Grades VI-IX. The top 2 student performers will represent the school in the city-level round.

### **Heritage Week – Intra-Class Competition**

“Art is the journey of a free soul.” – Alev Oguz

As part of our mission to nurture creativity, cultural appreciation, and hands-on learning, our school recently hosted the Intra-Class Competitions. This vibrant initiative invited students to explore India's rich artistic heritage through traditional art forms—while infusing their own modern flair. Each grade took on a unique, skill-based challenge. Grade VII students made Warli Art on a Handkerchief. Using fabric colours and markers, students brought to life the rustic charm of Warli tribal art on plain handkerchiefs. Their work captured village life, nature, and festivals through simple yet captivating geometric patterns. Aditi Chauraiya and Rajvir Singh bagged 1st position, Ananya, Manya Tyagi, and Akshita Yadav secured 2nd position, Yatharth Vicky Golait, Paridhi Tomar, and Kritika secured 3rd position, respectively.

**Sanskrit Diwas:** On Shravana Purnima—also celebrated as World Sanskrit Day—students honoured the legacy of Sanskrit, a language that has profoundly shaped India's cultural heritage. This annual observance, instituted in 1969, coincides with the full-moon day of the Shravan month and aligns with traditional rituals of Vedic learning revitalization. To mark this occasion, students engaged in a drawing and painting activity, creating expressive artworks inspired by Sanskrit themes—such as shlokas, Vedic symbols, and Indian cultural motifs. This creative exercise not only kindled their imagination but also deepened their appreciation for Sanskrit, stirring both respect and curiosity for the ancient language among the students.

### **Subject Enrichment Activities**

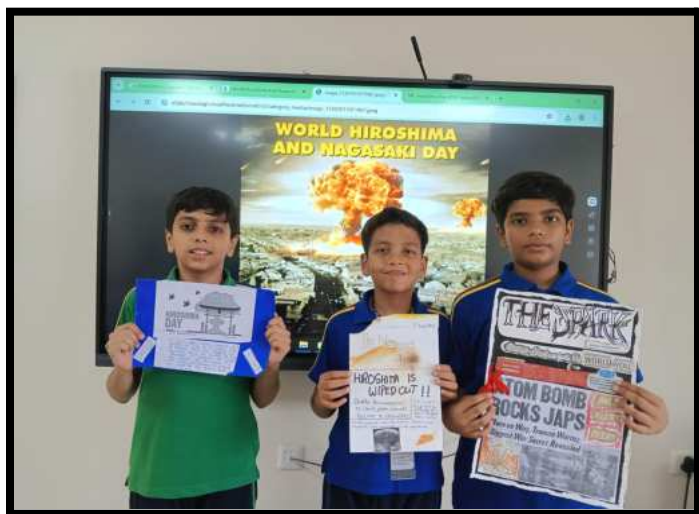
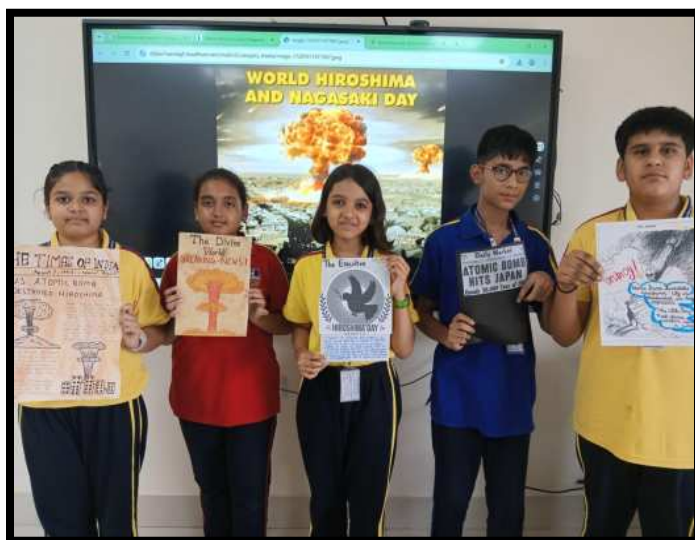
**Science** –In Science, students explored various modes of heat transfer, including conduction and convection, through hands-on activities. They learned about important units of measurement such as Kelvin, Joule, and degrees Celsius. The concept and functioning of clinical and laboratory thermometers were also introduced and visualized for better understanding. Additionally, students were introduced to acids, bases, and salts, and learned how to identify them using litmus paper. Through practical experiments, they observed the reactions of acids, bases, and salts, enhancing their conceptual clarity.

**Social Science** –As a part of the SST subject enrichment activity, students created a timeline of the Mughal Empire, highlighting their marvellous architectural achievements.

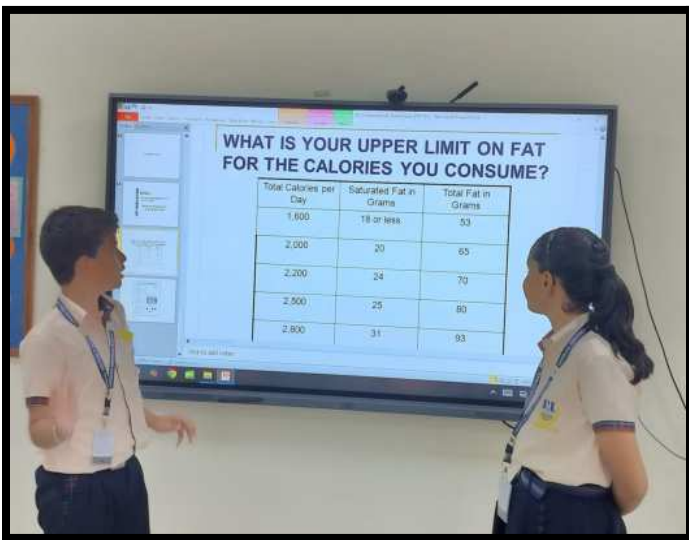
**Value of the month:** Pride is important for students because it helps build self-confidence and encourages them to value their efforts and achievements. When students take pride in their work, they are more motivated to learn and do their best. Ultimately, pride fosters responsibility, resilience, and a stronger connection to their school and community. Activity- "My Nation, My Pride" was conducted in the class, which encouraged students to express their love and respect for their country, celebrating national symbols, heroes, and cultural heritage.

We are delighted to share that **Bhuvii Verma** of **Grade VII-A** has won the **Silver Medal** in the **Under-11 to 13, 30–35 kg Weight Category** at the **36th Delhi State ITF Taekwondo Championship**, held at Thyagraj Indoor Stadium, New Delhi. **Congratulations, Bhuvii!** Wishing you continued success and many more achievements in the future!

**Star Performers of the Month – August:-**At Imperial Heritage School, we celebrate excellence in all its forms. Each month, students who consistently excel in academics, co-curricular pursuits, discipline, and full participation are honoured with the prestigious Star Performer Certificate. We are proud to announce that **Aditi Chaurasia** of **VII A** and **Kabir Choudhary** of **VII B** have been declared the **Star Performers for the month of August!** Their hard work, positive attitude, and commitment to excellence serve as an inspiration to all. **Congratulations, Aditi and Kabir! Keep shining!**















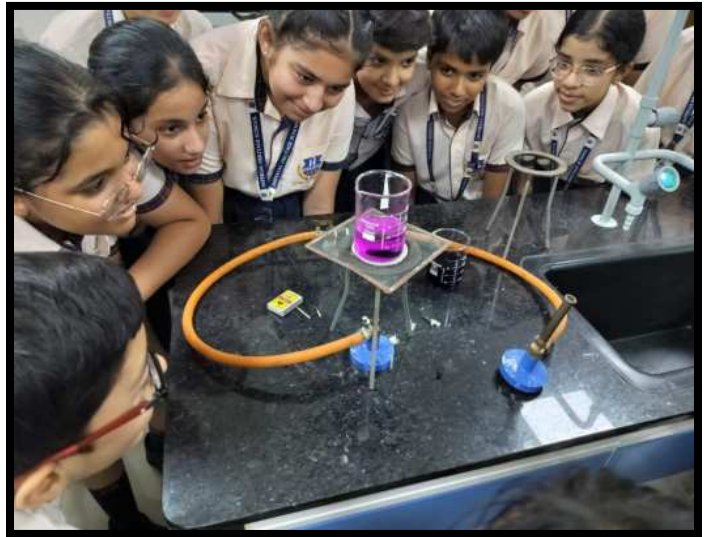














## 1. Syllabus for September

English	Math	Social Science	Science
Revision for Term I Assessment	Revision for Term I Assessment	Revision for Term I Assessment	Revision for Term I Assessment
French	Hindi	Computers	Sanskrit
Revision for Term I Assessment	Revision for Term I Assessment	Revision for Term I Assessment	Revision for Term I Assessment



## 2. Activities for September

- International Literacy Day
- Term I Assessment
- Dussehra Break

08.09.25  
12.09.25- 26.09.25  
28.09.25 - 02.10.25

Value of the  
month  
Hardwork

## 3. General Information

- School timing is 8:00 am – 2:30 pm. The school gate will be closed at 8.05 am. No entry will be allowed post that.
- Students must carry the almanac to school daily.
- Parents should check the almanac and ERP app regularly for any information.
- Students should be in the proper school uniform. Kindly use only black rubber bands, clips, or hair bands.
- Students must wear ID cards daily.
- A leave application must be submitted to the class teacher one day prior to the case of pre-planned leave. In case of illness, a medical certificate must be submitted within three days of rejoining school. In case of long leave to attend important family functions, prior written permission of the Headmistress / Principal must be obtained.
- Please ensure that your child is not suffering from a cold, cough, or fever at the time of leaving home. A temperature test will be done for every student before entry into the school premises.

We look forward to your cooperation in helping our children grow and learn together.



**Headmistress**



**Principal**